

CUSTOMIZED CULINARY SOLUTIONS'

THE RUBBER BAND DOOR KNOB



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What can you get from CCS?
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expert culinary knowledge,
industry connections, networking
through many culinary and food
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INDUSTRY NEWS



American Culinary Federation
Chicago Chefs

ACF Chefs and Culinary Professionals of Chicagoland, founded in 1925, is one of the fastest-growing chapters of the American Culinary Federation (ACF). Click [here](#) for more information.



November 12, 2019

Deep Thoughts

If you remember the SNL Video Shorts, Deep Thoughts by Jack Handy, here is my homage to Phil Hartman.

I was really trying to think about the subject, but my mind was wandering to so many places. So, I just decided to give you a list of my random thoughts on the world of food that I love so much.

ON FOOD

- Anchovies are under-rated and really delicious
- Mayonnaise on everything. Travel the world and you will understand that ranch dressing doesn't reign supreme
- There is never enough salumi, wurst, pate and real cheese, but all in moderation
- Stay away from the canned aisle or frozen food section of the grocery store unless it's frozen peas or condensed milk
- German Halb und Halb Kartoffelknodel are a bitch to make
- Bread should be baked every day and not put in a plastic bag to sit on the shelf until your next birthday
- Great ingredients and simple techniques win the day every time
- Pizza is everywhere, and it means something different to everyone
- Eating fish off the bone is just as good as ribs off the bone
- There are some pretty awful burgers around the world
- Some of the best steaks aren't cooked in the US
- Some of the best meals don't have to be cooked
- There is too much food on the grocery store shelf when parts of our society struggle to put a meal on the table

ON DRINKS

- It is ok to have a drink at lunch time. You are an adult and should be able to control yourself
- Beer is perfect for breakfast
- You can always find a bar with great beer, the blues and burgers somewhere in the world
- Porter and Stout are the same thing!
- Lambrusco should always be stocked in your fridge
- Always serve something with a cocktail

ON DINING

Recipes, reviews and resources for everything food and dining in the Chicago area. [Check out](#) what's happening this week.



The Cicerone Certification Program certifies and educates beer professionals in order to elevate the beer experience for consumers. cicerone.org.



The Craft Beer Networking Group is comprised of professionals from a wide variety of industries, and we meet approximately every 6 weeks at different breweries or craft beer bars in Chicago for two main reasons:

1. Networking
2. Enjoying craft beer

Email cbngchicago@gmail.com for more info and to become part of the group.



The hunt for unique craft beers is just as fun as the tasting. Here is [The List](#) of beers that we have tasted at our weekly craft beer tap room meeting.

- Eating with your fingers should be encouraged in western society
- Fine dining is not very exciting anymore, and I can get a better meal in a local diner where it's not about the stars but value and honesty.
- Seeing a smile on a person's face when they taste something great is worth the 12-hour days in the kitchen
- Fast food restaurants are manufacturing facilities
- Sometimes hospitality can't be taught in school; it's in your heart, you just have to find it
- It doesn't matter what the language, people love to talk about food. Pictures definitely say a thousand words
- Eat outside more often and be willing to share it with the birds
- US airline food is really bad and getting worse
- Eat at more restaurants with women chefs, as they deserve just as much or more credit than men in our industry

Don't try and make any sense of this, but what I want you to do is to spend a little more time looking at the food and beverages around. What you do with it affects other people. For most of us, our lives are surrounded by food and drink in excess; we need to stop and share what we have with others in kind, in spirit and in random thoughts.

- Chef John Reed, CEC, CCA

RANDOM BEVERAGES

[Elvis Juice](#) Grapefruit Soda Disguised as Beer



[Aecht Schlenkerla Rauchbier](#) It's that time of year-bonfires and dried leaves.



CHEESE



Not to be shy about it, but I have been able to work with some of the best Italian cheeses you can get, and they do make awesome pizza. If you haven't tried them, definitely look for [Galbani](#) next time.

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